

Visitors must call the front office by 9am to order their lunch the day they visit. The price of a visitor meal is \$3.00. This cannot be charged to your child's account. Payments must be made in the front office before lunch. Thank you.

Fresh Fruit and Veggies offered EVERYDAY!!

Milk or Juice Choice with each meal. Drinking water is available.

Sept 2024

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>NO SCHOOL Labor Day</p>	<p>3</p> <p>Breakfast: Cereal Bar, Cereal, and Yogurt A: BBQ Chicken Sandwich DF B: Sloppy Joe DF</p>	<p>4</p> <p>Breakfast: Banana Bread, Cereal and Yogurt A: Beef Enchilladas GF B: Cheese Quesadila</p>	<p>5</p> <p>Breakfast: Muffin, Cereal and Yogurt A: Chicken Fried Rice GF, DF B: Vegetable Stir-fry GF DF</p>	<p>6</p> <p>Breakfast: Cereal Bar, Cereal and Yogurt A: Turkey Sandwich</p>
<p>9</p> <p>Breakfast: Banana Bread, Cereal and Yogurt A: Chicken Alfredo B: Spaghetti</p>	<p>10</p> <p>Breakfast: Breakfast Cookie, Cereal and Yogurt A: Hamburger DF B: Sandwich Stackers</p>	<p>11</p> <p>Breakfast: Muffin, Cereal and Yogurt A: Pizza Cup B: Ham and Cheese Sandwich</p>	<p>12</p> <p>Breakfast: Pancakes, Cereal and Yogurt A: Fiesta Bake GF B: Nachos GF</p>	<p>13</p> <p>Breakfast: Pancakes, Cereal and Yogurt A: Ham and Cheese Sandwich</p>
<p>16</p> <p>Breakfast: Muffin, Cereal and Yogurt A: Grilled Chicken Sandwich B: Chicken Salad Wrap</p>	<p>17</p> <p>Breakfast: Pancakes, Cereal, Yogurt, Fruit, Juice and Milk A: Hawaiian Haystack DF B: Turkey Ranch Wrap</p>	<p>18</p> <p>Breakfast: Banana Bread, Cereal, Yog, Fruit, Milk and Juice A: Hot Roast Beef n Cheddar B: Italian Sandwich</p>	<p>19</p> <p>Breakfast: Cereal Bar, Cereal, Yog, Fruit, Milk and Juice A: Chili w/ Cornbread GF B: Potato Bar GF</p>	<p>20</p> <p>Breakfast: Cereal Bar, Cereal and Yogurt A: Turkey Ranch Wrap</p>
<p>23</p> <p><u>Breakfast</u>; Banana Bread, Cereal, Yog, Fruit, milk, juice A: Chicken Enchiladas GF B: Quesadilla</p>	<p>24</p> <p>Breakfast: Cereal Bar, Cereal, Yog, Fruit, Milk and Juice A: Pizza Dipper B: Turkey Cheese Sandwich</p>	<p>25</p> <p>Breakfast: Pancakes, Cereal, Yogurt, Fruit, Juice and Milk A: Chicken Parmesan Bake B: Caesar Salad</p>	<p>26</p> <p>Breakfast: Muffin, Cereal, Yog, Fruit, juice and milk A: Grilled Ham and Cheese B: Chicken Noodle Soup DF</p>	<p>27</p> <p>Breakfast: Breakfast Cookie, Cereal, Yog, Fruit, juice and milk A: Flatbread Pizza</p>
<p>30</p> <p><u>Breakfast</u>; Banana Bread, Cereal, Yog, Fruit, milk, juice A: Chicken Tenders B: Mac n Cheese</p>				<p><i>Gluten Free- GF Dairy Free- DF Most meals can be modified for cause</i></p>

Please contact awalker@promontory.org with any diet/allergy needs. Most meals can be adapted to meet your needs. Menu items possibly come in contact with gluten or dairy.

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